

Tehillim/Psalms A song of ascents | Psalms 122

Some Yom Haatzmaut liturgy includes psalms 107, 97, and 98. We are suggesting three alternative chapters that may be more accessible to students.

Ester Rada singing Lemaan Achai Ve'Reai"

Psalms 122

A song of ascents. Of David. I rejoiced when they said to me, "We are going to the House of Hashem." Our feet stood inside your gates, Jerusalem, Jerusalem built up, a city knit together, to which tribes would make pilgrimage, the tribes of Hashem -as was enjoined upon Israelto praise the name Hashem. There the thrones of judgment stood, thrones of the house of David. Pray for the shalom of Jerusalem; "May those who love you be at peace. May there be shalom within your ramparts, peace in your citadels." For the sake of my kin and friends, I pray for shalom; for the sake of the house of Hashem our God, I

תהילים קכ"ב,

שִׁיר הַמַּעֲלוֹת לְדָוֹד שָׂמַחְתִּי בְּאֹמְרִים לִי בֵּית יְהֹוָה נֵלֵךְ: עֹמְדוֹת הָיו רַגְלֵינו בִּשְׁעָרֵיִךְ יְרוֹשָׁלְם: יְרוֹשָׁלָם הַבְּנוּיָה כְּעִיר שֶׁחֻבְּרָה־לָּה יַחְדָּו: שָׁשָׁם עָלוּ שְׁבָטִים שִׁבְטֵי־יָהּ עֵדוֹת לְיִשְׂרָאֵל לְהֹדוֹת לְשֵם יְהֹוָה: כִּי שָׁמָּה יָשְׁבוּ כִסְאוֹת לְמִשְׁפָּט כִּסְאוֹת לְבֵית דְּוֹד: שַׁאֲלוּ שְׁלוֹם יְרוֹשָׁלְם יִשְׁלִיו אֹהֲבָיִךְ: יְהִי־שָׁלוֹם בְּחֵילֵךְ שַׁלְוָה בְּאַרְמְנוֹתָיִךְ: לְמַעַן אַחַי וְרֵעֶי אֲדַבְּרָה־נָא שָׁלוֹם בְּךְ: לְמַעַן בֵּית־יְהֹוָה אֱלֹהֵינו אֲבַקֹשָׁה טוֹב לָךְ: {פ}

Why this chapter?

seek your good.

This chapter highlights the centrality of Jerusalem and inspires us to pray for shalom in the Land and unity amongst its People.